### Lead Contamination in Drinking Water and Associated Housing Characteristics in the Mississippi Delta

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## Lead (Pb)

One of oldest most studied toxicants, ubiquitous

**Sources**: smelters, coal burning, leaded gas, pipes esp. if pH less than 6.4, pottery glazes, paint



Sources: Rick Nevin, CDC

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http://www.epa.gov/lead/

## **Project Background**

- UM Lead in Drinking Water Team formed in 2016. Co-led by John Green (sociology), Stephanie Otts (law), and Kristie Willett (toxicology).
- ORSP Investment Grant in 2016 to work with community partners in Mississippi Delta to raise awareness of the issue and collect/analyze residential water samples.
- MWRRI grant in 2017 to assess effectiveness of various community engagement strategies.
- Approached by Foundation for the Mid-South in 2018 to expand work to Jackson to support efforts of Jackson Water Coalition funded in 2018 by UM Community Wellbeing Constellation.



### **Research Questions**

- Can multi-disciplinary, multi-method, and community-based approaches to research provide more data to test for potential lead exposure?
- Can these data be used to inform better monitoring, outreach, and policy reform?
- Based on LCR violations, our work has focused on counties in and contiguous to the Mississippi Delta.





### **Community Partners**

- New Pathways to Health Initiative, Tri-County Workforce Alliance
- James C. Kennedy Wellness Center
- Right! From the Start Program staff and church partners
- Mississippi State University Extension
- Harvard Law School Mississippi Delta Project/Delta Directions Consortium
- Aaron E. Henry Community Health Center and Delta Health Center



S. Snell Right! from the Start Initiative









## **Community Engagement** & Water Testing Process



Fill Line

0-053

If water lead concentration is >5 ppb, a filter is provided to resident. All participants receive their results and lead info sheet.







# Findings

- 307 households have participated in the project in some way
  - ✓ 214 households responded to the survey and returned water samples
  - ✓ Data represents 16 counties and 50 census tracts with the majority from Humphreys (n=42) and Coahoma (n=39), then Panola (n=26), Sunflower (n=20), Washington (n=20), Bolivar (n=19), and Quitman (n=17) counties
  - ✓ Percent bottle return from 8 different engagement approaches ranged from 49-100% with an average of 70%.
  - ✓ Participants with lead concentrations exceeding 5 ppb (n=10) received certified NSF/ANSI Standard 53 filter.

| (Households returning both questionnaires and water samples, Total n=214) |                      |          |    |
|---|----------------------|----------|----|
| Characteristics   |                      | Delta MS |    |
|   |                      | f        | %  |
| Housing tenure  | Renters              | 61       | 30 |
|   | Owners               | 134      | 65 |
|   | Other arrangement    | 12       | 5  |
|   |                      |          |    |
| Housing type  | House                | 162      | 78 |
|   | Mobile home          | 22       | 10 |
|   | Apartment/town house | 25       | 12 |
|   |                      |          |    |
| Know when built (yes)   |                      | 113/206  | 54 |
| Built 1985 or earlier (yes)   |                      | 54/113   | 48 |
| Pipes ever replaced   | Yes                  | 34       | 17 |
|   | Unsure               | 78       | 38 |
|   | No                   | 90       | 45 |
|   |                      |          |    |
| Source of water   | Public system        | 180      | 89 |
|   | Well                 | 23       | 11 |
| Use filter for drinking water (yes)                                       |                      | 64/213   | 30 |
|   |                      |          |    |

#### Lead and drinking water household characteristics

### Drinking water pH and lead concentration results (ppb)

| Characteristics  | рН<br>(n=213) | Lead (ppb)<br>(n=214) |
|--|---------------|-----------------------|
| Mean   | 7.74          | 0.84                  |
| Median   | 7.82          | 0.30                  |
| Standard deviation   | 0.52          | 1.86                  |
| Minimum - Maximum  | 5.84 - 9.13   | nd – 14.32            |
| Pearson's correlation between<br>pH and lead concentration | -0.35         |                       |

#### Lead Concentration vs. Water pH or Year Housing Structure Was Built



### Conclusions

- Research revealed that some communities in Mississippi are experiencing elevated concentrations of lead in their drinking water.
- Neither water pH nor age of housing consistently predicted higher lead concentrations.
- In a well-owner community event, 6 of the 20 samples had lead concentrations above the FDA's 5 ppb limit. The average pH of the well samples was 6.97.
- <u>http://nsglc.olemiss.edu/projects/lead-contamination/index.html</u>

## **Ongoing Work**

- Continue to inform and empower Mississippi residents/parents to make behavioral choices in their own homes and communities through residential and school drinking water testing events.
- Enhance community engagement in high risk exposure populations (e.g. Jackson MS, well owners, and new mothers).
- Assess programmatic features, such as implementation and outreach differences across the rural-urban continuum, to make scalable recommendations for the state and nation.







### Lead exposure

About 310,000 U.S. children ages 1 to 5 have elevated blood lead levels, which can accumulate over months and years and cause serious health problems. Sources

#### Effects on children

 Kids absorb up to 70 percent of lead, adults about 20 percent

· Often undetected; no obvious symptoms

 Can lead to learning disabilities, behavioral problems, malformed bones, slow growth

· Very high levels can cause seizures, coma, death

· Lead-based paint, contaminated dust in homes built before 1978

 Drinking water from lead pipes Contaminated food

· Soil (lead does not biodegrade. decay)

· Toys\*

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What parents can do

 Have child Frequently screened if wash child's there is concern hands, toys, of lead exposure pacifiers

 Only · Test paint, use cold tap dust in home water for drinking. if it was built cooking before 1978

\*Old toys with lead paint a known risk, but new toys from China now have come under scrutiny Source: U.S. Centers for Disease Control and Prevention.

U.S. Department of Health and Human Services

For water: Filters certified by NSF International

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